

Welcome to your update from NHS East Riding of Yorkshire CCG! The update below is full of the latest news and events from the local NHS and our partners. Please feel free to forward this on to someone you know to help them access help or support.

Have a say and join the conversation working towards a healthy Bridlington – closing 18 July

Public service organisations across East Riding of Yorkshire, the East Riding Place Partnership, are working together to create opportunities for change to improve the health and wellbeing of people living in and around Bridlington. As part of the work, they are encouraging local people to get involved, join in the conversation and have their say on the plans.

People can read more about the proposed plans by visiting www.healthybridlington.co.uk. There is also a 5-minute survey available for everyone to give their views by visiting www.smartsurvey.co.uk/s/HealthyBridlington2021. For those who would prefer a hard copy of the plans and survey, they can contact East Riding of Yorkshire Clinical Commissioning Group by telephone on 01482 672156 and leave a message or email ERYCCG.ContactUs@nhs.net.

Have your say on the paediatric services at Scarborough Hospital

Are you interested in sharing your experience of the paediatric services at Scarborough Hospital? We would like to invite you to take part in a focus group to hear your views.

The focus groups will be held via Zoom and take place:

- Tuesday 13 July 2021, 2pm – 3.30pm
- Thursday 15 July 2021, 10am – 11.30am

This is a great opportunity for us to gather meaningful and informed feedback from service users and carers with experience of accessing the service. (Paediatrics is the area of medicine that manages medical conditions affecting infants, children and young people).

If you would like to take part in one of the focus groups, please confirm your attendance by emailing nyccg.engagement@nhs.net or phone 01723 343660 and advise the date you would like to join. We will send further details, with a link to the Zoom meeting a couple of days before the event.

Your feedback will help us to understand how our services are performing and are being received by local communities.

It's not too late to have a COVID-19 vaccine

If you've missed out on having a COVID-19 vaccination or have refused it and have changed your mind, then it's not too late.

Anybody aged 18 and over can now have the vaccine. If you were contacted but have not booked your appointments, you're still eligible and can book your appointments anytime by visiting www.nhs.uk/covid-vaccination or calling 119.

Anyone who gets COVID-19 can become seriously ill or have long-term effects. The COVID-19 vaccines are the best way to protect yourself and others.

Research has shown the vaccines help:

- Reduce your risk of getting seriously ill or dying from COVID-19
- Reduce your risk of catching or spreading COVID-19
- Protect against COVID-19 variants

Additionally, we have been working with East Riding of Yorkshire Council, City Health Care Partnership and East Yorkshire Motor Services to set up a Health and Wellbeing bus that is travelling to towns and villages throughout East Riding, giving you the flexibility and convenience to simply hop on board and get vaccinated. [Visit our website for more information.](#)

How to stop the spread of COVID-19

Public Health England have published advice to help stop the spread of coronavirus (COVID-19).

This guidance is for everyone to help reduce the risk of catching coronavirus (COVID-19) and passing it on to others. By following these steps, you will help to protect yourself, your loved ones and those in your community.

It is available in 30 different languages and easy read. [Please click here.](#)

Your birthing choices survey

Humber and North Yorkshire CCGs are looking at ways to improve healthcare in our region and we want your input to help us make the best changes for you and your family.

We want to understand what is important to you when choosing where to give birth so we can develop maternity and neonatal services for the future with you in mind.

Please take 5 minutes to complete [this short survey](#) to help us understand what is most important to you as we work to plan for the future.

You can find out more about why we need to make changes and keep up to date on our work and future involvement opportunities by [clicking here](#) to sign up to the

newsletter or by [visiting the website](#).

For more information on how your local maternity services can support you, please visit the [Humber, Coast and Vale Local Maternity System's website](#).

Framed plaques handed over to Holderness Health GP practice

Representatives from East Riding of Yorkshire Clinical Commissioning Group (CCG) officially handed over two plaques to the local GP practice in Withernsea on 23 June.

The plaques recognise that, since 1922, three generations of the Fouracre family have been senior partners and family doctors working in Withernsea. As well as being local GPs, Dr SF Fouracre was the Chief Medical Officer at the old hospital in Withernsea from 1930 to 1953 as was Dr AF (Tony) Fouracre from 1962 to 1987.

The Fouracre Suites, at the Withernsea community hospital, were also supported by the Withernsea Hospital League of Friends and have helped look after many local residents over the years. With the kind permission of the local GP practice, Councillor, Health Forum and residents, the plaques have been framed for display in the practice to preserve their important, local, historical value.

[Please click here](#) to view the press release on our website along with a photo of the presentation.

Driffield's Armed Forces & Veterans Breakfast Club

Driffield's Armed Forces & Veterans Breakfast Club will hold its first of their new 'Breakfast Meetings' on Saturday 10 July. It's taking place at the Bike Cave, 41, Middle Street North, Driffield. A further 'Coffee Morning' will be held on Monday 19 July, from 09.30 -11.30.

These organised events encourage veterans to get together and helps to avoid social isolation in their communities. If you're available and would like to attend, there is an open invitation for you to join them and feel free to share this invitation on. If you'd like to know more, then please join their [Facebook group](#).

Climate Lunch and Learn event

On Friday 9 July, 12:30-1:30pm, the next online Climate Change Lunch and Learn webinar will take place. The topic will be - Greening the NHS: Biodiversity, green social prescribing, and rewilding. We explore the benefits of the green spaces, green social prescribing within the healthcare estate and within the community and also look at other 'greening' initiatives within the blue infrastructure.

This series of online events are being hosted by the Humber, Coast and Vale Health and Care Partnership to address the Climate Change challenges we face and the impact this will have on our healthcare system and the population we serve.

To book a place, [please click here](#).

Improving the health of people with mental and physical health problems - what are the questions you would like to see answered by research?

The Applied Research Collaboration (ARC) Yorkshire and Humber want to give people living with both mental and physical health problems, their informal caregivers, and the health and social care professionals who treat and support them, a voice in deciding the most important questions to be answered by future research.

They would like people to tell them which 20 questions they think are the most important. The results will be used to identify priorities for future research.

[Take part in the short online survey here.](#) The survey will only take about 10 minutes to complete and you do not need to give your name or contact details.

If you would prefer to complete the survey on paper, you can either email Liz Newbronner on liz.newbronner@york.ac.uk or leave a voice message on 07385 341568 and she will send you a survey form and freepost reply envelope.

Humber Research Conference - save the date

Humber Teaching NHS Foundation Trust are hosting their annual research conference on Wednesday 17 - Thursday 18 November 2021.

It's a free event and you have the option to attend virtually or in person at Mercure Hotel, Willerby. [Please click here for details and to register.](#)

Police and Crime Plan consultation

The Police and Crime Commissioner for the Humberside area, Jonathan Evison, will publish a new Police and Crime Plan later this year. The Plan will set out priorities for how agencies will work together to tackle crime and antisocial behaviour and the support the Commissioner will provide for victims of crime.

To inform this, they would like to know about your personal experiences of crime and antisocial behaviour and your priorities for tackling them.

[Click here to take the survey.](#) It closes on 11 July 2021.

Over 2500 local people are helping raise awareness of cancer in our area

No skills, qualifications or any specialised knowledge of cancer is required to take part in Cancer Champion training, as the free awareness sessions will teach you some of the key facts, statistics, symptoms and screenings which are linked to a number of cancers.

After 90 minutes, Cancer Champions are equipped with the knowledge needed to raise awareness of cancer, engage in conversations that could help to reduce the risk of cancer and encourage early diagnosis of cancer – when treatment can be simpler and more successful.

Since September 2018, Humber, Coast and Vale Cancer Alliance has trained over 2,622 people through sessions for the public, workplaces and educational establishments. Those who've taken the training have shared their thoughts, with comments such as "More people need to attend this training - I don't think people realise their value" and "Being able to talk freely about all cancers with family, friends and others that we meet each day is really important."

To join the growing community and help save lives through early diagnosis, visit hvcanceralliance.org.uk/cancerchampions and book a place on an upcoming session.

New Single Point of Contact for ISPHN Service

The Integrated Specialist Public Health Nursing Service (ISPHNS) are launching a new Single Point of Contact (SPoC) to ensure their service users can access the service(s) that they require with ease.

[Click here for a leaflet](#) with more information on the service and the new contact details that will be live and accessible from **Monday 2 August 2021**. You can contact them between 9.00am and 5.00pm on Monday to Friday (excluding bank holidays) once the service goes live.

Humber Teaching NHS Foundation Trust stakeholder newsletter

[Please click here](#) to view the latest stakeholder newsletter from Humber Teaching NHS Foundation Trust.

ERVAS to help young people living in Withernsea get involved in volunteering and social action activities

Local charity, East Riding Voluntary Action Services (ERVAS) Ltd is today celebrating after being awarded £25,588 through Withernsea Big Local, administered by Local Trust for The National Lottery Community Fund. The Volunteering Withernsea project is an exciting new development for East Riding Voluntary Action Services, which will benefit young people in Withernsea and the local community by encouraging and supporting young people to engage in a wide range of youth volunteering and social action activities, locally, regionally and nationally.

ERVAS has been delivering youth volunteering and social action activities since 2010, to encourage, recognise and reward children and young people's volunteering and social action achievements within the East Yorkshire area. Volunteering Withernsea is their latest project, following on from the previous Volunteering Plus project, which you can find out more about [here](#). It will also work closely with several other ERVAS Volunteering projects, including Volunteering Green and Volunteering Voice.

For more information, please contact:

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